

## Psychiatry in literature 2018 – 2019

Number of students:	minimum 15 and maximum 30
Academic Year:	3
Semester:	1
Period:	September 12 – November 24
Days:	Wednesdays and Saturdays
Time:	Saturday 11 -17 and Wednesday 18 – 20.
Number of meetings:	6
Dates:	12/9; 29/9; 10/10; 31/10; 14/11; 24/11
Location:	29/9 Guislain museum, Gent; 24/11 Museum Het Dolhuys, Haarlem; Wednesdays: VU
Room:	
Credits:	6 ECTS
Lecturers:	Prof. dr. Arko Oderwald, Department of Family Medicine. VU Medical Center, Amsterdam. Dr. Sofie Vandamme, Hogeschool voor de Kunsten, Gent
Course coordinator:	Prof. dr. Arko Oderwald. Both lecturers work together for a long time now.
Course concept	Interdisciplinary: literature, art and psychiatry
Course description	The psychiatrist and novelist have certain features in common. Both disciplines observe, describe and judge human behavior, although in a different way. In this course we will discuss a number of novels en movies in which psychiatric questions play an important role. At the same time the course also gives insight in the history of psychiatry and in the development of the concept of disease in psychiatry, starting in the early 19 <sup>th</sup> century. The course will start and end with two Saturdays in a former psychiatric institution, in Gent and Haarlem. These institutions are now a museum for the history of psychiatry.
Working formats	Interactive classes with peer interaction Reading and analyzing novels Writing reviews as a preparation for the classes, practicing academic skills. Visiting two museum for the history of psychiatry

Relevance of the course    Psychiatry has always been a very social discipline, in which daily life and human behavior is an important feature. Novelists give another form of insight in psychiatric diseases, sometimes even before a disease has been described by the psychiatrist.

Study materials            Novels to read obligatory

- Georg Büchner: Lenz (1834)
- Honoré de Balzac: Louis Lambert (1832)
- Gustave Flaubert: Madame Bovary (1860)
- Emile Zola: Thérèse Raquin (1867)
- Joaquim Machado de Assis: The psychiatrist (1881)
- Frederik van Eeden: The deeps of deliverance (1900)
- Sylvia Plath: The Bell Jar (1963)
- Ken Kesey: One flew over the cuckoo's nest (1962)
- Jonathan Franzen: The corrections (2001)

Movies

- A beautiful mind

Movies at choice

- The deeps of deliverance (Nouschka van Brakel) (optional)
- One flew over the cuckoo's nest (Milos Forman)

Background literature (obligatory)

- Roy Porter: Madness, a brief history
- Arko Oderwald: Unfamiliar knowledge

Assessments                Attending the courses  
Writing 5 reviews (400 words) (30%)  
Writing an academic essay of 3000 words (70%)

Attendance policy        The courses are obligatory.

Program

- **Meeting 1 Wednesday September 12 in Amsterdam 18 – 20**
  - Introduction to the course
  - Georg Büchner: Lenz (1834)
  
- **Meeting 2 Saturday September 29 in Gent 11- 17**
  - Honoré de Balzac: Louis Lambert (1832)  
(symptoms/disease: psychosis; schizophrenia)
  
  - Gustave Flaubert: Madame Bovary (1860)  
(symptoms/disease: hysteria; suicide)
  
  - Emile Zola: Thérèse Raquin (1867)  
(no specific disease)

Visit to the Guislainmuseum.

- **Meeting 3 Wednesday October 10 in Amsterdam 18 – 20**
  - Joaquim Machado de Assis: The Psychiatrist (1881)  
(how should madness be described and put in categories, in combination with a discussion about the DSM-V, the modern categorization of psychiatric diseases.)
- **Meeting 4 Wednesday October 31 in Amsterdam 18 – 20**
  - Frederik van Eeden: The deeps of deliverance (1900)  
(symptoms/disease: psychosis)  
(At choice) Together with the film by Nouschka van Brakel
- **Meeting 5 Wednesday November 14 in Amsterdam 18 – 20**
  - Sylvia Plath: The bell Jarr (1963)  
Symptoms/Disease: depression, suicide  
Together with (free choice) Connie Palmen, Jij zegt het (2015) (NL)
- **Meeting 6 Saturday November 25 in Het Dolhuys in Haarlem 11- 17**
  - Ken Kesey: One flew over the cuckoo's nest (1962)  
(At choice) Together with the film One flew over the cuckoo's nest (Milos Forman)
  - Film: A beautiful mind (1999)
  - Jonathan Franzen: The corrections (2001)  
Symptoms/Disease: neuroses, Parkinson disease

Visit to the Dolhuys